

## **REGULATIONS**

1. Lodge Rules
2. Policy on use of Vehicles
3. Policy on Smoking and No-Smoking Areas
4. Rules for Aquatic Activities
5. Policies Regarding Firearms etc.
6. Emergency Information

### **1. Lodge Rules**

**CHILDREN** Children under 12 must be supervised by an adult at all times.

**LAKE SHERWOOD NEVER** swim alone. **NEVER** use a boat without wearing a life jacket. Report broken equipment to Ronora staff and do not use it.

**HIKING** Avoid going for hikes by yourself if possible. Stay on trails. Never go into swamps and wetlands.

**HORSES** Do not enter the horse pastures. You may pet the horses and feed them grass at your own risk.

**SMOKING** No smoking in any Ronora building or public area. Smoking is allowed on porches and decks. Use ashtrays and butt cans. Do not throw cigarette butts on the ground.

**TRASH & RECYCLING** Put trash in trash containers. Collect bottles, cans, paper, unwaxed cardboard, and plastics to be recycled. Put bagged trash and recycling in the dumpsters behind Chadwicke Hall. Do not litter.

**TOILETS** No tampons, cigarette butts, condoms in the toilets. Our septic system can't handle it.

**WILDLIFE** Do not approach or molest the wildlife. Let staff know about animals that appear ill or acting strangely (particularly raccoons out in the daytime).

**PETS** No pets allowed without specific permission.

**STRICTLY PROHIBITED** No fireworks. No illegal drugs. No illegal feathers. No firearms, hunting, or explosives.

**ALCOHOL** If consumed or served, discreet, responsible use is expected. This camp is family-oriented.

**QUIET TIME** is 10:00 p.m. Do not play loud music or keep others awake. Be considerate of others at all times.

**FURNITURE ETC** If you move anything put it back in its original place before checkout. Let us know if anything is broken.

**LEAVE NO TRACE** Leave grounds and lodging clean and neat.

**CHECKOUT** Pick up trash around your lodging. Sweep the floors. Make the beds. Take trash and recycling to the dumpsters behind Chadwicke Hall.

## **2. Policy on Use or Vehicles on Lodge Property**

### **A. Speed Limits**

Guests will follow the posted speed limits.

### **B. Parking Areas**

Guest parking located (1) across driveway from the Ranch Lodge, (2) in field south of Chadwicke Dining Hall, (3) in front of Grandma's House, (4) in grass southeast of Bama Bunk House, (5) near shed west of Plant House, (6) in front of Main House. Guests staying in the Cedar Lodges or Lonnie's Eco Cottage may park next to those buildings. Only those involved with cooking may park behind Chadwicke Hall. No vehicles to be parked behind Chadwicke Hall from 6am–11am on Tuesday mornings due to garbage pickup.

### **B. Use of Vehicles on Lodge Property**

Use of vehicles on Lodge property is discouraged, except for entering and leaving. In general, Guests should leave cars parked and walk to activities whenever possible. Do not drive on grass. No vehicles to be driven down trails or past any sign marked "No Cars Beyond this Point." Use of 3-wheel and 4-wheel ATVs and snowmobiles are strictly prohibited on all Ronora Lodge property. NEVER drive to the lake. If you need to transport a handicapped individual or boat to the lake, ask Ronora staff.

### **C. Transportation of Guests in Lodge Vehicles**

Insurance regulations prohibit transportation of Guests in Ronora vehicles except for emergencies.

### **D. Non-Passenger Vehicles**

Passengers shall not be transported on a tractor, in a wagon or cart, in the back of a pickup truck, or in any other vehicle that does not have a permanent seat designed for passengers.

## **3. Policy on Smoking and No-Smoking Areas**

Smoking is prohibited in all buildings of Ronora Lodge. Smoking on screened porches or open decks is permitted. Butt cans are provided. Do not litter the ground with cigarette butts.

## **4. Rules for Aquatic Activities**

### **A. General Regulations**

Regulations are posted at the swimming area, and must be followed.

- No horseplay, such as running, splashing, shoving, or dunking, is permitted.
- Swimming is allowed only between the beach and the floating raft.
- No boats are permitted in the swimming area.
- No motorized water craft allowed on the lake.
- Diving is not permitted off the fixed dock.
- Alcoholic beverages are not permitted.
- No glass containers.
- Containers for food or beverages must be deposited in the trash cans.
- Throwing of objects, such as baseballs or rocks, is not permitted.
- Do not bring bicycles onto the beach.
- Swimmers should wear proper swimming attire, and change in their cabins before coming to the beach.
- Do not swim or boat alone.
- Do not swim at night, or when the area is closed.
- Do not swim under the dock.

- Fishing is permitted only in boats away from the swimming area, or when no swimming activity is scheduled.
- All persons using boats must wear personal floatation devices at all times. **NO EXCEPTIONS.**
- Return boats to the LEFT side of the dock (facing the water).
- Return all oars, paddles, lifejackets, etc., to the shed.

#### **B. Emergency Procedure**

A first aid kit and air horn are located in the lakefront shed. In the case of an emergency requiring medical assistance, use air horn to summon assistance. Blast 3 times for help.

#### **C. Policy Regarding Wheelchairs**

Wheelchairs are not allowed on dock or in boats.

### **5. Policies Regarding Firearms and Ammunition**

No firearms, fireworks, explosives, or ammunition allowed at Ronora Lodge. Such materials must be kept locked vehicle until departure. Hunting is never permitted on the lodge grounds. If you see a hunter or person with a firearm, fireworks or explosives, inform Ronora staff immediately.

### **6. EMERGENCY INFORMATION**

The local hospital is about ten minutes away. Emergency care is available 24 hours a day, 365 days a year.

**DIRECTIONS TO WATERVLIE COMMUNITY HOSPITAL EMERGENCY CARE:** Turn left onto Dwight Boyer Rd. Turn right at the first stop sign (County Line Rd/70th St). Turn right at Red Arrow Hwy. Hospital is two miles on the left. Follow signs to Emergency care.

#### **A. MEDICAL EMERGENCIES CALL 9-1-1**

1. There are FIRST AID KITS in each of the cabins and lodges, and in Chadwicke Hall Kitchen.
2. For life threatening medical emergencies which require immediate response, or those which require ambulance transport, **IMMEDIATELY CALL 9-1-1. A PHONE IS LOCATED IN THE CHADWICKE HALL KITCHEN. YOUR LOCATION IS 9325 DWIGHT BOYER RD.**
3. For other medical emergencies or care, such as a booster tetanus shot if someone has a puncture wound, go to the Emergency Room at Watervliet Community Hospital.

#### **B. FIRE EMERGENCIES CALL 9-1-1**

1. Large or spreading fires
  - EVACUATE everyone from the building in a calm and orderly manner. If there is heavy smoke, stay close to the floor. Use fire escapes and fire exits as marked. Do not enter rooms or open doors if door is hot to the touch.
  - CALL 9-1-1 with a cell phone or the phone in the Chadwicke Hall kitchen.
  - ALERT STAFF and DEAL WITH MEDICAL EMERGENCIES as in 6.A. above.
2. Small, contained fires
  - Fire extinguishers are located in each building

#### **C. AQUATIC EMERGENCIES**

- Send someone for help or use air horn to summon assistance. Blast 3 times for help.
- Use boats and emergency equipment at the waterfront for rescue if you can.
- Use a cell phone or the kitchen phone in Chadwicke to call 9-1-1 if emergency resuscitation is needed.
- If trained in CPR, use it until help arrives.

#### D. LOST OR MISSING PERSONS EMERGENCIES

If a Guest or member of your group is missing or overdue from a hike or aquatic activity, notify the lodge staff immediately. We will organize a search team and notify law enforcement if necessary. **IF YOU BECOME LOST** get to the top of the highest ground available and look around. There are roads and houses near all parts of the lodge ground.

#### E. BITES AND STINGS EMERGENCIES

- **STINGING INSECTS** If you are stung and need care, go to the Emergency Room, 400 Medical Park Drive, 10 minutes from Lodge. (See 6.A. Medical Emergencies section above for directions to the Emergency Room.) Avoid bushes and shrubs that may harbor stinging insects. Keep doors closed at all times.
- **SNAKES** When hiking, particularly near the wetlands, watch out for snakes. Most snakes at the lodge are harmless, but Michigan does have one poisonous snake. If bitten, notify staff and go to the Emergency Room, 400 Medical Park Drive, 10 minutes from Lodge. (See 6.A. Medical Emergencies section above for directions to the Emergency Room.) Never kill snakes on Ronora Lodge property. A photo of the snake in question can aid treatment.
- **RACCOONS ETC** Avoid approaching any raccoons, groundhogs or other animals that may bite if cornered or threatened. If you see any animal that appears to be ill report it to Ronora staff.
- **TICKS** To prevent ticks, always spray your feet and ankles with repellent and preferably wear light colored pants when hiking. After hiking or walking in the woods or tall grass, inspect yourself carefully and remove all ticks. Obtain medical treatment for any tick born symptoms such as tiredness or fever.

#### F. SEVERE WEATHER EMERGENCIES

- **WIND** Never walk in the woods in high winds. Limbs can break off from above causing severe injury.
- **LIGHTNING** If you hear thunder or see lightning stay out of big open or high areas, and stay out from under trees. Go inside or seek a low area for shelter. Stay out of the water and off boats during electrical storms.
- **TORNADO** In case of a tornado warning, go to Trilogy Lodge lower level or Grandma's House basement. If you see a funnel cloud, lie down on the nearest low ground, closest to a concrete or brick foundation wall deepest below ground. **IF YOU HEAR A SIREN** this may be a tornado warning.
- **ICE/SNOW** If a severe ice storm or blizzard would make driving hazardous, stay at the lodge and consult with staff. We have sufficient food, water, firewood and emergency generators for these kinds of emergencies.

#### G. NUCLEAR DISASTER EMERGENCIES

Ronora Lodge and Retreat Center, LLC is located within 25 miles of two nuclear power plants. If there is an emergency, you will hear sirens and announcements from the area emergency warning system. These plants are west of us. If evacuating the lodge, travel east or southeast or follow other directions which may be obtained from the media or emergency warning system announcements. The staff will provide as much direction and assistance as possible under any emergency circumstances.